

Curriculum Vitae



Personal Data

Name: OGUNMUYIWA, YUSUF ADELEKE *RDN*

Address: P.M.B. 2011, Department of Nutrition and Dietetics, Yaba College of Technology

Email: yusuf.ogunmuyiwa@yabatech.edu.ng ; dietitian.ogunmuyiwa@yahoo.com

Mobile number: +234- 8054192510, -7030614800

Educational Background

Institutions attended and academic qualifications obtained with dates

University of Ibadan, Ibadan, Nigeria <i>Master of Science in Human Nutrition</i>	2015
Nigerian Institute of Management, Nigeria <i>Proficiency Certificate in Management (CHARTERED)</i>	2012
Federal University of Agriculture, Abeokuta, Nigeria <i>Bachelor of Science in Nutrition and Dietetics</i>	2011

Working Experience

- Lecturer: Dept. of Nutrition & Dietetics, YABATECH 2018 - Till date

Courses Taught at Yaba College of Technology (YABATECH)

- Clinical Diseases and Diet Therapy I & II
- Human Anatomy and Physiology
- Human Physiology
- Human Nutrition I
- Nutrient Metabolism
- Element of Public Health Nutrition
- Food Hygiene and Nutrition
- Food Science and Nutrition
- Applied Nutrition
- Recipe Development and Testing
- Nutrition for life cycle Education



- Food preservation Safety Techniques
- General and Allied Nutrition

Current undergraduate studies supervision: Eighteen (18) students

Other responsibilities

Acting Head of Department, Member of YABATECH Academic Board, Setting and marking of examination scripts; Project supervisor; SIWES supervisor; Member of result processing at departmental level, Member of School of Technology Publication committee.

- Independent Monitor: WHO / NIPDs, Ogun State March, 2017
- Intern Dietitian: University College Hospital, Ibadan November, 2015
- Assistant Presiding Officer I: INEC, Ibadan February, 2015
- Researcher: University of Ibadan January, 2014
- Corper Dietitian: UCH, Ibadan November, 2011
- SIWES: UCH & Vantage Point Hotel, Ibadan July, 2010
- Manager: Yoriola Nigeria Enterprises, Ibadan January, 2005

Leadership Experience

- Acting Head of Department, Nutrition and Dietetics April, 2026 – Till date
- Project Coordinator Jan. 2024 – April, 2026
- Class Adviser June, 2023 – April, 2026
- Project Supervisor Aug. 2018 – Till date
- Examination Officer September, 2019 – Feb., 2026
- SIWES supervisor Aug., 2018 – Till date
- Intern Dietetics Leader Nov. 3, 2015 – Nov. 2, 2016

Award received

- Outstanding Performance Award (2025) at 2nd Annual Distinguished Service Lecture and Award, by Yaba College of Technology. April 30, 2026.

- Distinguished Guidance Award by Nutrition and Dietetics Students Association, YABATECH chapter. February, 2026.
- Most Supportive Lecturer / Students adviser of the Year by Nutrition and Dietetics Students Association, YABATECH chapter. March, 2025.

Career Summary

Expert in dietary management of all forms of diseases, dietary counselling / nutritional health talk and diet prescription, lecturing of undergraduates, professional in the use of nutritional tools, formulating of complementary foods, meals planning, preparation and food services, data analysis and management, Monitoring and Evaluation processes, general administrative and management services.

Membership of Academic professional Bodies

- Member, Institute for Dietetics in Nigeria 2016
- Member, Nutrition Society of Nigeria 2013
- Member, Nigerian Institute of Management (CHARTERED) 2012

Thesis / Dissertation

- Assessment of dietary management of burn patients admitted at University College Hospital, Ibadan 2016
- Comparative study of nutrient & anti-nutrient composition of watermelon & orange-melon pulp and seed 2014
- Prevalence of Diabetes and Pre-Diabetes among UNAAB undergraduate students. 2011

Published Conference Proceedings

- A. Adeoso, Y. Ogunmuyiwa, B. Aina, S. Adewale, V. Ekowa (2026): Comparative Study of Feeding Pattern and Nutritional Status of Adults Living in Urban and Sub-Urban Areas of Nigeria. Presented at Nutrition Society Congress, UK. Nutrition Society Congress, UK.
- A.O. Adeoso, Y.A. Ogunmuyiwa, H. Eric (2026): Nutritional and Sensory Properties of Cereal made from Banana, Carrot, Millet, Sorghum & Soybean. Presented at Nutrition Society Congress, UK. Nutrition Society Congress, UK.

- **Ogunmuyiwa Y.A.**, Kole O.F, Ibe P.E, Olubode K.Y., Akinbo O.O., Ogunmuyiwa O.B., Ezenwaka C.B. (2025): Chemical Analyses of Vitamins and Minerals Composition of Extracts from Pineapple; cotton, Potato and Pumpkin Leaves. Presented at the 2025 6th ASUP Yabatech International Conference.
- Ibe P.E., **Ogunmuyiwa Y.A.**, Olowe I.D., Fadiji P.O., Olufosoye M.D. (2025): Assessment of the Challenges Associated with Cocktail Crafting and Service Delivery in Bars and Lounges in Ikeja GRA of Lagos State. Presented at the 2025 6th ASUP Yabatech International Conference.
- Ezenwaka C.B., Ikwumere C.M., Iniubong S.U., **Ogunmuyiwa, Y.A.** (2025): Roles of Nutrition in Mental Health: A Systematic Review. Presented at the Fourth annual international conference of the association for family and society Scientists.
- **Ogunmuyiwa Y.A.**, Abdulsalami A.O, Adeoso A.O., Ogunmuyiwa O.B. (2024): Dietary Management Assessment of Burn Patients Admitted at University College Hospital, Ibadan, Nigeria. Presented at the International Conference of the Faculty of Applied Science, Rufus Giwa Polytechnic, Owo, Ondo State.
- **Ogunmuyiwa Y.A.**, Chibuoghu C.F., Ogunmuyiwa O.B. (2024): Hydrocyanide Content of Cassava Products at Different Processing Techniques. Presented at ASUP 2024 International Conference, YABATECH chapter.
- Adeoso A.O., Omodanisi E., **Ogunmuyiwa Y.A.** (2022): Feeding pattern and Nutritional Status of Children Aged 13 – 24 Months in Yaba LCDA, Lagos State. Presented at the NSN Scientific Conference at the June 12 Cultural Centre, Ibahim Babangida Boulevard, Kuto, Abeokuta.
- Nnoka K.O, **Ogunmuyiwa Y.A.**, Orji G.I., Babalola A.O., Tasie T.C. (2022): Breastfeeding Practices of Mothers and the Nutritional Status of their U-5 Children in Surulere Local Government Area of Lagos State, Nigeria. Presented at ASUP “Zone C” 2022 International Conference, at the Federal Polytechnic Ile-Oluji, Ondo State chapter.
- Adeoso A.O, Oresanya T.O, Oyebamiji O.O. & **Ogunmuyiwa Y.A.** (2022): Nutritional Analysis and Sensory Evaluation of Crab Shell Fortified Bread. Presented at Summer 2022 Conference, Nutrition Society, UK.
- **Ogunmuyiwa Y.A.** & Akeredolu I.O (2021): Impact of Nutrition Education on the Nutritional Status and Dietary Habits of Selected Secondary Schools Students within Yaba, Lagos State. Presented at ASUP 2021 international Conference, YABATECH chapter.
- Adeoso A.O. & **Ogunmuyiwa Y.A.** (2020): Pediatric Nutrition Assessment in Low Income Areas-A Study of Makoko Community, Yaba, Lagos. Presented at ASUP 2020 international Conference, YABATECH chapter.
- Nnoka K.O., Enwerem D.E, Mosimabale M.M, Akujobi C.I, **Ogunmuyiwa Y.A.** (2019): Prevalence of Overweight and Obesity among Academic Staff of the Federal Polytechnic, Ede, Osun State, Nigeria. Presented at Association of Nigerian Dietitians, Asaba Conference.
- Nnoka K.O., Enwerem D.E, Mosimabale M.M, Akujobi C.I, **Ogunmuyiwa Y.A.** (201



9): Prevalence of Overweight and Obesity among Non-academic Staff of the Federal Polytechnic, Ede, Osun State, Nigeria. Presented at Association of Nigerian Dietitians, Asaba Conference.

Journal Publications

- Ogunmuyiwa Y.A., Akinbo O.O., Olubode K.Y., Ogunmuyiwa O.B., Kole O.F., Okunloye B.D., Ogunmuyiwa S.A. et al., (2026): Comparative Assessment of Nutrition Knowledge and Consumption Pattern on Nutritional Status of Adolescents in selected Public and Private Schools in Kosofe, Lagos State. *Journal of Natural Sciences and Applied Technology (JONSAT)* indexed in Africa Journal Online.
- Ezenwaka C.B., Ikwumere C.M., Unanam I.S., **Ogunmuyiwa Y.A.** (2025): The Roles of Nutrition in Mental Health: A Review. *Journal of Family & Society Research* 4 (1) June 2025, pp.134 – 146.
- **Ogunmuyiwa Y.A.**, Chibuoghu C.F., Olubode K.Y., Ariyibi F.F., Ayegbusi T.B., Brai J., Ogunmuyiwa O.B., Kole O.F., Ogunmuyiwa S.A., Ezenwaka C. et al. (2024): Hydrocyanide Content of Cassava Products at Different Processing Techniques. *CEOS Hum Nutr Food Sci* 2(1): 104.
- **Ogunmuyiwa Y.A.**, Omodanisi E.A., Kole O.F., Ogunmuyiwa O.B. (2024): Impact of Nutrition Education on the Nutritional Status and Dietary Habits of selected Secondary Schools Students within Yaba, Lagos State. *CEOS Hum Nutr Food Sci* 2(1): 103.
- **Ogunmuyiwa Y.A.**, Abdulsalami A.O., Adeoso A.O., Ogunmuyiwa O.B., Omojola M.T., Ogunmuyiwa S.A., Ariyibi F.F., Ayegbusi T.B., Brai J., Ezenwaka C. et al. (2024): Dietary Management Assessment of Burn Patients Admitted at University College Hospital, Ibadan, Nigeria. *CEOS Hum Nutr Food Sci* 2(1): 102.
- Akeredolu I.A, **Ogunmuyiwa Y.A.** Rufus A.A. & Nnoka K.O. (2021): Proliferation of Nutrition Information Through Social Media and Food Choices among Staff of Government-Owned Tertiary Institutions in Lagos MainLand: Implications for Health. DOI:10254.1234-5678. *CEOS publishers*, VOL.1 issue1.
- **Ogunmuyiwa Y.A.**, Adepoju O.T., Omojola S.T., Adeoso A.O., Nnoka K.O (2020): C



Comparative Study of Nutrient and Anti-nutrient Composition of Orange-melon (*Cucumis Melo*) And Watermelon (*Citrulus Lanatus*) Pulp with Seed. *YABATECH Journal of Science & Technology*. ISSN:2736-0601. VOL.6 NO.1

Workshop / Seminar

- How to check and remove plagiarism, detect and remove AI content, organized by YABATECH. April, 2026
- Induction Training for Deans and HODs, organized by YABATECH. April, 2026
- Responsible use of Artificial Intelligence (AI). Feb., 2026
- Metabolic Syndrome in Contemporary Nigeria Society, Dietary Options by IDN. 2016
- Cardiopulmonary Resuscitation Training 2015
- Complementary feeding workshop by Nestle Nutrition Institute, Africa & Nutrition Society of Nigeria, Oyo State Chapter 2014 & 2015
- Breast Cancer Seminar, UCH, Ibadan 2010

Qualities and Skills

- Excellent in computer skill (Microsoft office & Internet)
- Proficient in Cardiopulmonary Resuscitation
- Good personal integrity & confident
- Good team player & excellent leadership trait
- Ability to work in multi-cultural and multi-ethnic environment
- Excellent interpersonal relation (Internal & External stakeholders)

Leisure

- Quest for new knowledge, travelling around the globe and socializing.

Referee: To be produce on request.
