AYEGBUSI, TEMITOPE BODUNDE

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PERSONAL INFORMATION

I am a Registered Dietitian-Nutritionist (RDN), Clinical Dietitian, Academia/ Researcher. My research interest major on improving the health outcome and quality of life of vulnerable group via behavioural change intervention, therapeutic food formulation and dietary modification. My research works cut across designing, collecting data and assessing the impact of nutrition education on dietary compliance and healthy lifestyle changes interventions on quality of life of geriatric, women of reproductive age, infants and individual diagnosed of diet related chronic diseases such as diabetes mellitus, hypertension etc. As a passionate academia/ researcher, I am readily available to translate my research outcome to the benefits of my community through constant community engagement inform of health education, awareness creation and sensitization via contact, mass media and most importantly through journal and other academic publications

WORKING EXPERIENCE

November 25-Date | Yaba College of Technology, Lagos State | Lecturer

- Lecture ND II students Nutrient Metabolism (NUD 234)
- Lecture ND II students Element of Public Health Nutrition I & II (NUD 236 & NUD 246)
- Lecture ND II students Human Physiology (NUD 231)
- Lecture ND I students Anatomy & Physiology (NUD 121)
- Lecture ND I students Introduction to Human Nutrition (NUD 111)
- Conduct test and examination for students based on the course taught
- Assess the students via provision of assignment and other course curriculum tools
- Invigilate school exams

April 24th-April 29th, 2025 - | Joint Admission Matriculation Board (JAMB) | Exam Proctor

- Supervised the exam exercise in the CBT center to prevent any form of irregularities and examination malpractice.

September 26th-October 3rd, 2024 - | Save The Children International (SCI) | Research Enumerator

- Assisted in data collection from healthcare workers in Primary Health Care Centers in Alimosho and Ikorodu LGA, Lagos State using key informant interview (KII) tool.

September, 17th -21st, 2024 - | Save The Children International (SCI) | Research Enumerator

- Assisted in data collection from cholera affected victims in Eti-Osa LGA, Lagos State, Nigeria using Kobo collect tool

August, 2024 - Date | Yaba College of Technology, Lagos State | Adjunct Lecturer

- Lecture ND II students Nutrient Metabolism NUD (234)
- Lecture ND II students Element of Public Health Nutrition I & II NUD (236 & 246)
- Conduct test and examination for students based on the course taught
- Assess the students via provision of assignment and other course curriculum tools
- Invigilate school exams

July, 2024 - Date | World Nutrition Journal Organization | Manuscript Reviewer

- Engage in peer review of manuscript for the organization

March, 2024 - Date | College of Nursing, Lagos University Teaching Hospital, Nigeria | Adjunct Lecturer

- Teach ND I students Introduction to Human Nutrition NUS (124)
- Teach ND II students Practice of Dietetics NUS (214)
- Conduct test and examination for students based on the course taught
- Assess the students via provision of assignment and other course curriculum tools

November, 2022-November, 2023 | Lagos University Teaching Hospital (LUTH) | Medical Intern

- Underwent training on how to use Nutrition Care Process (NCP) and Nutrition Medical Therapy (NMT) in the clerking, counselling and recommendation of therapeutic diet suitable for specific diseases
- Assisted in the clerking and assessing of out-patients
- Modified dietary plan for in-patients
- Trained SIWES students in the department
- Engaged in Ward round with the hospital Dietitians

August, 2021-July, 2022 | Flora Azikwe Model Secondary School, Neni, Anambra State | Teacher

- Taught Junior class home economics
- Taught Senior class geography
- Conduct test and examination for the students based on the subject taught
- Assessed students via provision of assignment and examination

2020-Date | The Reflectors Newspaper, Nigeria | Editor & Publisher

- Edit and publish of articles
- Edit and publish of verified news

November, 2019-Date | Temmy's World Research Institute, Owo, Ondo State, Nigeria | Senior Researcher

- Collects data from field using Kobo collect and paper questionnaire
- Interprets data collected from field, discuss the research findings, and make suitable recommendations
- Code research questionnaire into kobo collect and google form tools
- Organize training for all junior researchers
- Analyze data using Microsoft EXCEL, SPSS, STATA, WHO Anthro, Nutri-survey

July-September, 2018 | University College Hospital (UCH), Ibadan | Student Intern

- Learnt modification of therapeutic diets
- Assisted in anthropometry assessment
- Learnt how to prepare F-75kcal & F100kcal
- Learnt how to prepared fortified pap
- Learnt how to prepared high energy mixture (HEMIX)
- Engaged in Ward round with the hospital Dietitians

September-December, 2014 | Federal Medical Centre, Owo | Student Intern

- Learnt modification of therapeutic diets
- Assisted in anthropometry assessment
- Learnt how to prepared fortified pap
- Engaged in Ward round with the hospital Dietitians

INSTITUTIONS ATTENDED WITH DATES

University of Port-Harcourt (School of Public Health)	2025
University of Port-Harcourt (School of Public Health)	2025
Lagos University Teaching Hospital (LUTH) Idi-Araba, Lagos State	2023
Michael Okpara University of Agriculture, Umudike (MOUAU)	2021
Rufus Giwa Polytechnic, Owo (RUGIPO)	2015
St. Mary Grammar School, Eme-Ora	2013
Fourah-bay International Group of School, Owo	2005

ACADEMIC QUALIFICATIONS WITH DATES

Doctor of Philosophy (PhD) Degree in Public Health Nutrition (In-view)	2025
Masters of Science (MSc.) Degree in Public Health Nutrition with CGPA: 4.53	2025
Registered Nutritionist-Dietitian (RDN)	2023

Bachelor of Science (BSc.) Degree in Human Nutrition and Dietetics
(Second Class Honors, Upper Division with CGPA: 4.42) 2021
National Diploma (ND) in Nutrition and Dietetics
(Upper Credit with CGPA: 3.21) 2015
Senior Secondary School Certificate (WAEC SSCE) 2013
First School Leaving Certificate (FSLC) 2005

TRAINING AND CERTIFICATION

Certificate of Participation (AFRIC) 2026
Certificate of Participation (NDDI, Africa) 2025
Certification of Annual Review (World Nutrition Journal) 2025
Certification of Annual Review (World Nutrition Journal Organization) 2024
Certificate of Participation (Institute of Dietetics in Nigeria (IDN) 2023
Certificate of Service (National Youth Service Corps) 2022
Certificate of Participation (NSN Annual Scientific Conference) 2021
Certificate of Attendance (ICT Solution for Africa, MOUAU) 2020
Certificate of Proficiency (Delivery Competent and ICT Professional) 2020
Certificate of Completion (International Malnutrition Taskforce) 2019
Certificate of Participation (NADSAN, MOUAU) 2019

HONORS AND AWARDS

Honorary Award (Nutrition and Dietetics Students Association, YABATECH Chapter) 2026
Certificate of Meritorious Service (Institute for Dietetics in Nigeria (IDN) 2025
Certificate of Honors CDS Group President (NYSC) 2022
Certificate of Honors (NIFES MOUAU) 2019
Meritorious Certificate of Honors (NIFES MOUAU) 2019
Honorary Award (NADSAN, Rufus Giwa Polytechnic, Owo) 2019

PROFESSIONAL MEMBERSHIP

Member, Agriculture, Nutrition and Health (ANH) 2025
Member, Nutrition Drive for Healthy Diet Initiative (NDDI), Africa 2024
Member, World Nutrition (WN) Journal Organization 2024
Member, American Society for Nutrition (MASN) 2024
Member, International Confederation of Dietetic Associations (MICDA) 2023
Member, Institute of Dietetics in Nigeria (MIDN) 2023
Member, Nutrition Society of Nigeria (MNSN) 2021

LANGUAGE SKILLS

English: Official Language, Distinguished levels in Listening, Speaking, Reading, and Writing

PROFICIENCY

- Data Analytics: Microsoft Excel, SPSS, STATA, WHO Anthro, Nutri-Survey
- Academic Research
- Data Collection: Google form, Kobo Collect

PRESENTATIONS

June, 2024 | TVC Presentations (Nutrition Session) (Gotv CH. 16; Startimes CH. 121; Play Tv CH. 801)

- Significant Benefit of Fruits and Vegetables in Our Daily Meal
  https://youtu.be/Sj9IQ-WrI6o?si=_3IkncxQgoJAuSIQ

- Effect of Dietary Modification and Physical activity on Obesity https://youtu.be/JrFop3vyL3o?si=WxSuPJOPBaKy2GpG
- Ultraprocesssed Food Consumption and it's Health Implications https://youtu.be/kgfDEnS_48w?si=O2MUB_WgcS1cDW2x
- Immuno-suppression: Significant Role of Nutrition https://youtu.be/6Wo0ncTpY1g?si=OgiNsIB2R5NnvWEc

CONFERENCES AND SEMINARS ATTENDED

- African Food Research & Innovation Conference (AFRIC 2026), held between 7th-8th, August, 2026
- Institute for Dietetics in Nigeria (IDN) 55th Annual General Meeting and Scientific Conference at Lagos State between 10th to 15th August, 2025
- Academia Industry Training (AIT) – Switzerland (SWISS) - African Science and Business Innovators (SASBI) International Conference at University of Lagos between 28th to 29th February, 2024
- Institute for Dietetics in Nigeria (IDN) 53rd Annual General Meeting and Scientific Conference at Edo State between 21st to 26th August, 2023.
- Nutrition Society of Nigeria (NSN) 51st Annual General Meeting and Scientific Conference at Enugu State between 21st to 25th September, 2021.
- Information Communication Technology (ICT) Solutions for Africa Career Development Seminar at Michael Okapa University of Agriculture Umudike on the 22nd of January, 2020

JOURNAL PUBLICATIONS

- Iheme, G. O., Nzeagwu, O. C., Taiwo, A. F., Onuorah, U. M., Nwonu, A. P., **Ayegbusi, T. B.,** Isaiah, G., Igboamagh, C. O., Stephen, F. C., Ugwu, N. H., & Ikejiofor, C. (2026). Mapping the Healthiness of Campus Food Environments in Nigeria: In-Store Retail and Outdoor Advertising Assessments at Selected Universities-The NigeFE Study. International Journal of Environmental Research and Public Health, 23(8), 1052. https://doi.org/10.3390/ijerph23081052
- Joseph, J. O., Oluwadamilare, J. A., Babangida, P. M., Charles, F. S., Amanda, B. B., & **Bodunde, A. T.** (2026). Prevalence and Determinants of Acute Malnutrition among Under-Five Children (24-59 Months): A Cross-Sectional Study in Esan West Local Government Area, Ekpoma, Nigeria. *West African Journal of Life Sciences*, *3*(1).
- Akeredolu I.A., Seriki-Mosadolorun J.S., Olatidoye O., **Ayegbusi T.B.,** Bello A.O., Mebude U.I., Ezedinachi C.R. 2025. "Evaluation and acceptability of crackers made from a blend of fonio (Digitaria exilis), and conophor nuts (Tetracarpidium conophorum) flours for diabetes mellitus patients." World Nutrition, 16(3), September, 66–72. https://doi.org/10.26596/wn.202516366-72
- **AYEGBUSI, T. B.,** TI-JANI, B., SHODIYA, E., & ADEBANWO, A. A. R. (2025). Prevalence of Malnutrition Among Patients on Admission into Lagos University Teaching Hospital (LUTH), Lagos State, Nigeria. *CEOS Hum Nutr Food Sci*, *3*(1), 101.
- **AYEGBUSI, Temitope Bodunde**, BROWN, David Eugene and IKE, Joseph E (2025). Chemical Composition and Amino Acid Profile of Fish Flour Obtained from Catfish (Ictalurus punctatus), Mackerel (Tranchurus symmetricus) and Croaker (Micropogonias undulatus)- CEOS Human Nutrition Food Science 3(1): 101
- OGUNMUYIWA Yusuf Adeleke RD, ABDULSALAMI Ahmad Olayinka RD, ADEOSO Abiodun Olaitan RD, OGUNMUYIWA Oladoyin Basirat, OMOJOLA Mosunmola Tolulope RD, **AYEGBUSI Temitope Bodunde**, et al. (2024). Dietary Management Assessment of Burn Patients Admitted at University College Hospital, Ibadan, Nigeria. CEOS Human Nutrition Food Science 2(1): 102
- OGUNMUYIWA Yusuf Adeleke, CHIBUOGHU Chioma Faustina, OLUBODE Kehinde Yetunde, ARIYIBI Felicia Fogoolorunhan, **AYEGBUSI Temitope Bodunde**, et al. (2024). Hydrocyanide Content of Cassava Products at Different Processing Techniques. CEOS Human Nutrition Food Science 2(1): 104

NEWSPAPER PUBLICATION

- Dangers of Poor Intake of Protein (The Nations Newspaper)
  https://thenationonlineng.net/kwashiorkor-malnutrition-loom-as-indigent-parents-ration-proteinous-foods/amp/

CONFERENCE PROCEEDINGS

- OGUNMUYIWA Yusuf Adeleke RD, ABDULSALAMI Ahmad Olayinka RD, ADEOSO Abiodun Olaitan RD, OGUNMUYIWA Oladoyin Basirat, OMOJOLA Mosunmola Tolulope RD, **AYEGBUSI Temitope Bodunde**, BRAI, Justin, EZEWENKA, Chioma (2025). Dietary Management Assessment of Burn Patients Admitted at University College Hospital, Ibadan, Nigeria. Global Research for Scientific Impacts on Emerging Trends, Faculty of Applied Sciences, Rufus Giwa Polytechnic, Owo, Ondo State.

REFEREES

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